



DAILY ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
8:00 Walk & Talk 10:30 Tai Chi (DVD) 10:30 Pottery Class 12:30 Watercolor Art	8:00 Walk & Talk 9:00 Thanksgiving & Christmas Coloring 10:00 Shadow Box Class 1:00 Movie & Popcorn 6:00 Dance Class	8:00 Walk & Talk 10:30 Free Art Time 10:30 Tai Chi (DVD) 12:30 Bible Study 7:30 Jerry Duncan Band	8:00 Walk & Talk 9:00 Fitness & Exercise Class 10:00 Shadow Box Class 12:30 Watercolor Art 1:00 Bingo 2:00 Dance Class	8:00 Walk & Talk 12:45 Writing Your Memories (8wk) 1:00 Quilting Club 1:00 Walk this Way (DVD)

NOVEMBER SPECIAL EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 Movie: Cruella	3 10:30 Turkey Door Hanger Art/Craft	4 10:30 ECU Nursing Health Talk/Screening 12:15 Final Expense Seminar	5 12:15 Hot Chocolate and Cookies on Patio 1:00 Book Club - The Giver of Stars
8 "Post It" Thank You for City Hall 12:30 Decorate with Flags	9 Movie: Hatfield & McCoy's	10 9:30 J. Kelly Cooking Class 11:00 Homer Choir Music Special	11 Closed for Veterans Day	
15	16 Gratitude Place Mats Movie: Here Today	17 12:15 Birthday Bash w/ cake & ice cream	18 12:15 Sadie Hawkins Day Square Dance Demo	19 1:00 Book Discussion w/ Dr. Pappas
22	23 Movie: Land Thanksgiving Meal	24	25  Happy Thanksgiving CLOSED FOR HOLIDAY! 	
29 9:00 Christmas Decorating	30 10:45 Blood Pressure Check (Mayes HH) Movie: National Lampoon's Christ-			