





Daily Events

Monday	Tuesday	Wednesday	Thursday	Friday
8:30 & 9:00 3D Printing Class (Limit 2) 9:00 Tai Chi Exercise (for beginners) 9:30 Tech Time w/ Zach 11:30 Bible Study	9:00 B.A.M. Exercise & Advanced Tai Chi Class (this is a new class) 9:30 Rock Painting & Leathercraft 10:00 Learn to Crochet 10:00 Spanish Class 12:15 Jewelry Class 12:00 Grief Group Time	8:30-10:30 NEW! Stained Glass Class 9:00 Tai Chi Exercise (for beginners) 9:30 Tech Time w/ Zach 7:00 Wednesday Night Dance w/ Jerry Duncan Band-July 23	9:00 B.A.M. Exercise & Advanced Tai Chi Class (this is a new class) 10:00 Learn to Crochet 10:00 Spanish Class 12:15 Jewelry Class 1:00 Bingo—1st & 3rd	9:30 Tech Time w/ Zach 12:00 Bingo- Sponsored by Kyrie Assisted Living 

July Special Events

Monday	Tuesday	Wednesday	Thursday	Friday
Tai Chi Classes cancelled on the following dates: July 2; July 16, and July 22	1 OSDH Mobile Health Van 10:00-1:00 10:45 Table Trivia 11:30 Gospel Hour w/ Ken	2 10:00 4th of July Wreath Art Project #1	3 *No BAM Class 4th of July Cookout—fun & games all day 1:00 Bingo 	4 CLOSED 
7 9:00 Freshly Picked Art Project #2 10:00 Dominoes in the gameroom	8 9:00 Playing pool w/ staff in gameroom 10:00 Dr. Carmen Jones—Holistic Health 10:45 Name That Tune	9 9:00 Golfing w/ Gary 10:00 Leave for CN Get Fresh Cooking Demo @ Seabrook	10 9:40 Leave for CN Get Fresh Demo. @ ANC 11:45 “Horseraces” sponsored by Choice Home Health 	11 9:30 Chair Volleyball 10:30 Table Time “Finish that Sentence”
14 9:00 Grow Positive Thoughts Art Pro.#3 10:30 Simon Says	15 Day Trippin’ to OKC @Scissortail Park/OKC Memorial & Musuem Nat’l Give Something Away Day—Donate something to the giveaway table 10:45 Table Trivia	16 9:45 Grillin’ with Grissom “Asian Sesame Chicken” 11:30 Karaoke & June Birthday w/Global Health	17 Nat’l Tattoo Day 10:00 Janna Kelley’s Cooking/Nutrition Class 12:00 Blues & Tattoos outside on patio 	18 10:00 Table Wordsearch & Puzzles 10:00 Betty Archer Band in Concert
21  9:00 Dominoes and/or Cards in the game room 9:30 Armchair Travels to Finland	22 10:00 Join us for “Roll A Garden” in the game-room and win a flowering plant 10:45 Name that Tune	23 9:00-10:30 Gorgeous Grandma Day —sign up to get your nails painted 10:30-11:30 Antique Roadshow w/Tom Shaw 7:00 Wednesday Night Dance w/ Jerry Duncan	24 9:00 Grow & Bloom Art 10:00 Blood Pressure Checks w/ Elara 10:00 T-Mobile Time 12:30 Join us for Movie & Popcorn “Bucket List”	25 9:30 Word Search and Puzzles @ tables BRUNCH Begins at 10:30 Ends at 12:00
28 9:00 Sweet Like Honey Art Proj. #5 10:00 Chair Volleyball	29 Nat’l Lipstick Day 9:00-10:30 Ladies Lipstick tutorials/demo 10:00 UNO with the staff in gameroom 10:45 Table Trivia	30 9:00 Chair Volleyball 10:00 Wellness Wednesday w/ Janna Kelley	31 10:00 Learn to play Scrabble in the game-room 12:00 Minute to Win It Challenges	July 3 Celebration 9:00-1:00 Yard Games 10:30-12:30 Patio Trivia, Patriotic Name That Tune, Watermelon Seed Spitting, Water Balloon Toss, Bingo 1:00 Movie “A League of Their Own”