




# Daily Events

| Monday   | Tuesday   | Wednesday   | Thursday  | Friday  |
|--|---|---|---|---|
| <b>9:00-11:00 Pottery @ Mon. &amp; Wednes.</b><br><br>(runs Oct. 6– Nov. 12<br>*Instructor Wayneath Weddle on M&W<br><br>9:30 Tech Time w/ Zach<br><br>11:30 Bible Study | 9:00 B.A.M. Exercise & Advanced Tai Chi<br>9:30 Rock Painting & Leathercraft<br>10:00 (NEW) A Matter of Balance Exercise<br>10:00 Learn to Crochet<br>10:00 Spanish Class<br>12:00 Grief Group<br>12:15 Jewelry Class<br>1:00 Writing for Fun | 8:30-10:30 Stained Glass Class<br><br><b>9:00-11:00 Pottery @ Mon. &amp; Wed. in Oct.</b><br><br>9:30 Tech Time w/ Zach<br><br>7:00 Wednesday Night Dance (2)<br><br><b>Oct. 1 Ol' Troubadour Band*</b><br><br><b>Oct. 15 Country Pioneer Band*</b> | 9:00 B.A.M. Exercise & Advanced Tai Chi<br>10:00 (NEW) A Matter of Balance Exercise<br>10:00 Learn to Crochet<br>10:00 Spanish Class<br>11:00 Writers Club<br>11:30 Learn Italian<br>12:15 Jewelry Class<br>1:00 Writing for Fun<br><br>*1:00 Bingo—1st & 3rd | 9:30 Tech Time w/ Zach<br><br>11:30 Learn Italian<br>12:00 Bingo<br><br>Sponsored by Kyrie Assisted Living<br> |

# October Special Events

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday   |
|---|---|---|---|--|
| <b>Reminder: WashBar picks up and delivers laundry each Monday at the Irving Center (pay by the pound/no charge for pickup or delivery)</b>         | <br><br>(wear green and join us for coffee in the STEAM LAB 8-10 on Wednesday) | <b>1</b> Nat'l Wear Green Day & International Coffee Day<br>9:30 Welcome Pumpkin Art #1<br><br><b>7:00 Wednesday Night Dance featuring: Ol' Troubadour Band</b>       | <b>2</b> Decorate the Center – @ 9:30<br><br>10:30 Nat'l Poetry Day (bring your favorite poem to share)<br><br>1:00 Bingo  | <b>3</b> Bring your item(s) for Silent Auction<br><br>10:00 Table Puzzles & Word Searches<br>10:00 Janna Kelley        |
| <b>6</b> Nat'l Mad Hatter Day– wear a hat<br>10:00 The Clinic presents: Health Topics (Osteoporosis & Breast Cancer)<br>9:30 Ghost Art #2           | <b>7</b><br><b>OSDH Mobile Van 10-1</b><br><br><b>10:30 Ada Fire Prevention w/Table Trivia</b><br>11:30 Gospel Hour w/ Ken Hudson                                 | <b>8</b><br>9:00 Golfing w/ Gary<br><br>10:00 In the Kitchen with Karen “Marinated Cheese”  | <b>9</b> 9:00 Boo Art #3<br>9:40 Leave to Get Fresh Cooking @ ANS<br>10:00 Armchair Travels<br>11:30 Horse Races w/ Choice Hospice  | <b>10</b> Nat'l Cake Decorating Day<br>9:00 Cake Decorating Class<br>10:15 Learn to go Grocery Shopping Online w/ Zach |
| <b>13</b><br><br><b>CLOSED</b>  | <b>14 Nat'l Dessert Bake Off Day</b> —Enter your best dessert, who is the best baker<br>10:45 Name that Tune  | <b>15</b> 10:00 Wellness Wednesday/J. Kelley<br>11:30 Karaoke & Birthday Recognition w/Global Health<br><br><b>7:00-9:30 Wednesday Night Dance w/Country Pioneers</b> | <b>16</b> 10:00 Ron Batey Medicare Educ. Sem.<br>11:30 Alzheimer Asso.<br>1:00 Bingo                                       | <b>17</b><br>9:30 Welcome Home Pumpkin Porch Leaner Art #4<br>10:00 Betty Archer Band Fall Concert                     |
| <b>20</b> Nat'l Suspenders Day (wear a pair)<br><br>10:00 Grillin’ w/ Grissom “Peach Infused Porkloin”  | <b>21</b><br>9:45 Pumpkin Owl Art #5<br><br>10:45 Table Trivia  | <b>22</b><br><b>Day Trippin’ to Belvedere Mansion in Claremore *leaving at 8:00</b>   | <b>23</b><br>9:00 Cute Pumpkins from scrap wood Art #6<br>12:30 Movie & Popcorn “Driving Miss Daisy”  | <b>24</b> *RTA Meeting 11-1<br><br>10:30 30 Circle Challenge at tables   |
| <b>27</b> Nat'l Train Your Brain-Puzzles & more at tables<br><br>9:30 UNO & games w/ Gary in gameroom<br><br><b>Silent Auction ends at 11:00 am</b> | <b>28</b><br>9:45 Caramel Apple Art #7<br>10:00 Chickasaw Nation Get Fresh Cooking Demo<br>10:45 Name That Tune   | <b>29</b><br><b>Fall Carnival</b> (join us for games and fun 9:00-11:00)  | <b>30</b><br>Nat'l Candy Corn Day!<br>9:30 Paint/decorate a Pumpkin   | <b>31</b><br>Nat'l Knock Knock Joke Day—bring your best knock knock joke<br><br><b>BRUNCH @ 10:30</b>                  |