

Daily Events

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Chair Yoga Video 8:30 & 9:00 3D Printing Class (Limit 2) 9:00-11:00 Pottery 9:30 Tech Time w/ Zach 12:00 Bible Study	8:00 Tai Chi (NEW!) 9:00 B.A.M. Exercise 10:00 Learn to Knit 12:15 Jewelry Class 1:00 Writing for Fun	9:00 Walking Video 8:30 & 9:00 3D Printing Class (Limit 2) 9:00-11:00 Pottery 7:00 Wednesday Night DANCE	8:00 Tai Chi (NEW!) 9:00 B.A.M. Exercise 10:00 Learn to Knit 11:00 Ada Writer's Club *2nd & 4th Thursday 12:15 Jewelry Class 1:00 Bingo—1st & 3rd Thurs.	9:00 Walking Video 9:30 Tech Time w/ Zach 12:30 Kyrie Bingo— Each Friday 

September Special Events

Monday	Tuesday	Wednesday	Thursday	Friday
2 LABOR DAY CLOSED	3 8:00 Tai Chi 9:00 OSDH Mobile Van (blood pressure) 10:00 Table Trivia 11:00 Gospel Hour w/Ken	4 9:00 Learn to play Checkers 10:00 Chair Volleyball	5 8:00 Tai Chi 9:15 Golfing w/Gary 9:30 Rope Pumpkin Art 1:00 Bingo 	6 Nat'l Toss Day 9:15 Paddle Ball Toss on the Patio 10:00 Choking Prevention Demo w/Bob
9 9:30 Shuffleboard Tournament 10:00 Chair Volleyball	10 9:00 Wood Pumpkin Art 10:00 Leathercraft w/ Jerry 10:00 Name that Tune	11 7:30-5:30 Day Tripping to Bartlesville/Woolaroc Museum 10:30 Remembering 9/11	12 9:00 Hello Pumpkin Door Hanger 11:30 Lunch & Learn "Dementia Education" w/ Kyrie Asst. Living (desserts provided)	13 Nat'l Peanut Day Join us for peanuts on the patio 9:00 Corn Hole on the Patio w/ Jeff
16 National Play Doh Day (on tables) 9:15 Golfing w/ Gary 10:00 Chair Volleyball	17 Nat'l Country Music Day 10:30 Country Concert w/ Wayne 9:30 Mercy Cancer Prevention/Screening 10:00 Leathercraft Art	18 9:00 Hillbilly Birdfeeder Art Project 11:00 Book Club Lunch & Discuss 11:30 Karaoke & 	19 9:00 Grillin' w/ Grissom 10:00 Table Trivia 1:00 Bingo 	20 9:30 Corn Hole w/ Jeff & Gary on the patio 10:30 Betty Archer Band Concert
23 Nat'l Sign Lang. 9:00 Checkers Tournament 10:00 Learn Basic Sign Language 10:00 Armchair Travels 	24 9:30 Painting Stress Away w/Elizabeth, PHD 10:30 Name that Tune	25 9:00 Sign Language Class Part 2 9:30 Wellness Wednesday Cooking Class 10:00 Choking Prevention Demo w/ Bob Shay	26 9:30 CN Get Fresh Cooking Demo Class 1:00 Popcorn & Movie "King Richard"	27 7:30-4:30 Day Tripping to Jenks Aquarium 9:30 Chair Volleyball
30  9:00 Fall Pumpkin Dough Bowl Art 10:00 Chair Volleyball 10:00 Word Search	Don't miss the Mercy Hospital Health Information topic this month on Tuesday, Sept. 17 at 9:30 - " Cancer Prevention and Screening " *DOOR PRIZES	*On T&TH check out the new Tai Chi classes at 8:00 and the great BAM Exercise class at 9:00	* Pottery Classes are M&W from 9:00 -11:00 this month	<u>DANCE LINEUP</u> 9/4 Joe Harris 9/11 Dean Hackney 9/18 Dean Hackney 9/25 Cara Belt Dance starts @ 7:00