

Daily Events

Monday	Tuesday	Wednesday	Thursday	Friday
8:00 Walk & Talk 9:00-11 Pottery 9:30 Phone Q&A w/ Zach Smith 12:00 Bible Study w/ Sandra Looper	9:00 Adult Coloring 10:00 Learn to Knit 12:15 Jewelry Class	8:00 Walk & Talk 9:00-11 Pottery 11:00 JoAnn Yeargen Piano Concert 12:00-1:30 Painting w/ Denitia 7:30 DANCE Jerry Duncan Band	9:00 Adult Coloring 10:00 Learn to Knit 12:15 Jewelry Class 1:00 Bingo 5:30 Exercise classes w/ Ignite Fitness	8:00 Walk & Talk 9:00-11 Pottery 9:30 Phone/ Computer Q&A w/Zach Smith 12:45 Writing w/ Paula Skender 1:00 Quilting Club

November Special Events

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:30 Play Pool with a Friend	2 9:45 Armchair Travel- Portugal, Spain & Morocco	3 9:30 Puzzle Time 5:30 Body Rhythm Class w/ Jaylea (See bottom of calendar for details)	4 9:00 Making Candy w/ Bob Shay (sign up only) 12:00 Book Club- The Nest By Cynthia D'Aprix
7 9:30 Sip Cider on the Patio 11:30 *Wear red or green for our Christmas picture	8 Go Vote! Brain Exercise/ Word Search 	9 National Hunter Day 11:30-12:30 Senior Nerf Shooting Range Target Practice w/ Halo Hospice	10 Veterans Day 10:00 Veterans Day Program 5:30 Sculpt Class w/ Kanda (See bottom of calendar for details)	11 Closed for Veterans Day 
14 9:30 Paint a Reversible Holiday Porch sign w/ Shelly (\$5 Per Person- Limited to 4 people-must sign up)	15 Bring Gloves & Hats to Donate to Local Schools w/ Halo Hospice	16 11:00 Birthday Bash 1:00 Harvest Mini Pumpkin Class w/ Dahlia Floral Design (\$6 per person - Limited to 6 people Must sign up)	17 10:00 Cooking Class w/ Janna Kelley 10:45 ECU Nursing Assessments 5:30 Revive Exercise Class w/ Shelley	18 Bedlam Day! Wear your favorite team color 10:00 Cooking Class w/ Sarah 1:00 Dirty Bingo
21 9:30 Homemade Cookie Contest *Bring 2 dozen cookies on a holiday plate or platter * Prize for Best Tasting *Prize for Best Looking	22 Brain Exercise/ Word Search	23 National Jukebox Day 11:45 Karaoke	24 Closed for Thanksgiving 	
28 9:30 Make Wooden & Ribbon Christmas Blocks w/ Shelly	29 10:30 Mays Home Health Blood Pressure Checks	30 10:00 Choking Prevention Class 12:15 Book Club		

Body Rhythm Strengthen your body w/ weights, bands & balls **Sculpt** Builds and sculpts muscle **Revive** Increases flexibility and balance while building muscle